

DAY
1

04-02-2023
SATURDAY

SHARJAH / AJMAN

Al Heera Beach - Al Zorah Marina 1



RIDE

	Riders Start Point	Start Point 1	End Point 1	Start Point 2	Stop	End Point 2
Route	Al Heera Beach	Al Heera Beach	Heart of Sharjah (Al Hisn)	Thumbay Hospital Ajman	Al Zorah Golf	Al Zorah Marina 1
Action	UNBOX		BOX	UNBOX		
Google Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map
Last section			7 KM		6 KM	4.0 KM
Time	Riders Arrival 7:00 AM	Start 9:00 AM	ETA 11:30 AM Depart 02:00 PM	ETA 02:30 PM Start 03:00 PM	ETA 04:30 PM	ETA 05:30 PM
		Total: 2hrs 10min		Total: 2hrs 30min		Total: 1hr 30min



MEDICAL CLINICS

Daily Clinic	Mobile Clinic 1	Mobile Clinic 2	Mini Moble Clinic 1	Mini Moble Clinic 2
Location	Al Heera Beach	Al Zora Marina	Ajman Thumbay Hospital	Heera Beach
Time	09:00 AM - 01:00 PM	04:00 PM - 10:00 PM	03:00 PM - 09:00 PM	03:00 PM - 09:00 PM
Fixed Medical Clinic	Emirates	Clinic Venue	Date	Time
	Sharjah	Al Majaz Water Front - Mega Mall - Al Shaab Village - Lulu Buteena	20 January to 10 February	04:00 PM to 10:00 PM
	Dubai	Al Barsha Lulu		02:00 PM to 09:00 PM
	Dubai	City Centre Midriff		04:00 PM to 10:00 PM
	Ajman	China Mall (Male and Female)		
	Um Al Quwain	Um Al Quwain Mall - Lulu		
	Ras Al Khaimah	RAK Mall - Lulu		
Fujairah	Fujairah Lulu			



EVENTS

Type of Activity	Location	Time
Opening Ceremony	Al Heera Beach	08:00 AM
Event Activation	Al Heera Beach	10:00 AM
Photo Opportunity	Al Hisn	11:10 AM
Photo Opportunity	Ajman Thumbay Hospital	02:00 PM
Shaikh Fahim Activation	Al Zorah Golf	04:40 PM
Event Activation	Al Zorah Marina 1	04:00 PM

Weather		
	28°C	Lo 22°C
Prayer Timings		
Dhuhr	Asr	Maghrib
12:32	15:42	18:05

DAY
2

05-02-2023
SUNDAY

DUBAI

DIFC Avenue - Downtown - SkyDive Dubai - JBR - City Walk




RIDE

	Start Point 1	End Point 1	Start Point 2	End Point 2	Start Point 3	End Point 3
Route	DIFC Avenue Gate	Downtown Marasi Drive	SkyDive Dubai	JBR	City Walk	City Walk
Action	UNBOX	BOX	UNBOX	BOX	UNBOX	BOX
Google Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map
Last section		6 KM		3 KM		3 KM
Time	Start 08:00 AM Riders Arrival 7:00 AM	ETA 09:30 AM Depart 10:00 AM	ETA 10:45 AM Start 11:15 AM	ETA 12:30 PM Depart 02:30 PM		ETA 03:30 PM End: 04:30 PM
	Total: 2hrs		Total: 1hr		Total: 30 Min	



MEDICAL CLINICS

Daily Clinic	Mobile Clinic 1 	Mini Mobile Clinic 1 	Mini Mobile Clinic 2 	
Location	Lamer	Dubai Frame	City Walk	
Time	04:00 PM - 10:00 PM	12:00 PM - 07:00 PM	04:00PM - 10:00 PM	
Fixed Medical Clinic	Emirates	Clinic Venue	Date	Time
	Sharjah	Al Majaz Water Front - Mega Mall - Al Shaab Village - Lulu Buteena	20 January to 10 February	04:00 PM to 10:00 PM
	Dubai	Al Barsha Lulu		02:00 PM to 09:00 PM
	Dubai	City Centre Midriff		04:00 PM to 10:00 PM
	Ajman	China Mall (Male and Female)		
	Um Al Quwain	Um Al Quwain Mall - Lulu		
	Ras Al Khaimah	RAK Mall - Lulu		
Fujairah	Fujairah Lulu			



EVENTS

Type of Activity	Location	Time
Photo Opportunity	DIFC Avenue Gate	08:00 AM
Photo Opportunity	SkyDive Dubai	11:15 AM
Photo Opportunity	City Walk	04:00 PM

Weather



26°C Lo 19°C

Prayer Timings

Dhuhr	Asr	Maghrib
12:32	15:42	18:06

DAY
3

06-02-2023
MONDAY

SHARJAH

BEEAH - Shams - Sharjah TV - Al Jada - University City Area - University Hospital






RIDE

	Start Point 1	End Point 1	Start Point 2	End Point 2	Start Point 3	End Point 3
Route	BEEAH	SHAMS	Sharjah TV	AlJada (AlZahya)	Sharjah Research Technology & Innovation Park	University Hospital
Action	UNBOX / BOX	UNBOX / BOX	UNBOX	BOX	UNBOX	BOX
Google Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map
Last section				9KM		6 KM
Time	ETA 08:00AM Riders Arrival 07:00 AM	ETA 08:40 AM	Arrival 09:40 AM Start 10:30 AM	ETA 01:00 PM Start 03:00 PM	ETA 03:15 PM Start 03:45 PM	ETA 05:15 PM
			Total: 3hrs		Total: 1hr 10min	Total: 1hr 20min



MEDICAL CLINICS

Daily Clinic	Mobile Clinic 1 	Mini Mobile Clinic 1 	Mini Mobile Clinic 2 	
Location	Sharjah TV	Air Arabia Staff	Al Qasimiya University	
Time	09:00 AM - 03:00 PM	01:00 PM - 07:00 PM	09:00 AM - 03:00 PM	
Fixed Medical Clinic	Emirates	Clinic Venue	Date	Time
	Sharjah	Al Majaz Water Front - Mega Mall - Al Shaab Village - Lulu Buteena	20 January to 10 February	04:00 PM to 10:00 PM
	Dubai	Al Barsha Lulu		02:00 PM to 09:00 PM
	Dubai	City Centre Midriff		04:00 PM to 10:00 PM
	Ajman	China Mall (Male and Female)		
	Um Al Quwain	Um Al Quwain Mall - Lulu		
	Ras Al Khaimah	RAK Mall - Lulu		
Fujairah	Fujairah Lulu			



EVENTS

Type of Activity	Location	Time
Photo Opportunity	BEEAH	08:00 AM
Photo Opportunity	SHAMS	08:40 AM
Photo Opportunity	Sharjah TV	09:40 AM
Photo Opportunity	University Hospital	05:45 PM

Weather



24°C Lo 20°C

Prayer Timings

Dhuhr	Asr	Maghrib
12:32	15:43	18:06

DAY
4

07-02-2023
TUESDAY

UAQ

UAQ Wall & Fort - UAQ Hospital - UAQ Kite Beach - Al Hamriyah (Fishermens Marina, Ladies Club, Beach)



RIDE

	Start Point 1	Stop 1	End Point 1	Start Point 2	Stop 2	End Point 2
Route	UAQ Wall & Fort	UAQ Hospital	Kite Beach	Al Hamriya Fishermens Marina	Al Hamriya Ladies Club	Al Hamriya Beach
Action	UNBOX		BOX	UNBOX		BOX
Google Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map
Last section		4KM	8KM		3KM	1KM
Time	Start 09:00 AM Riders Arrival 08:00 AM	ETA 10:00 AM Start 10:30 AM	ETA 12:30 PM Depart 02:30 PM	ETA 03:00 PM Start 03:30 PM	ETA 04:15 PM	ETA 05:00 PM
	Total: 50 min		Total: 2hrs 30min		Total: 1hr	
					Total: 20 min	



MEDICAL CLINICS

Daily Clinic	Mobile Clinic 1 	Mini Moble Clinic 1 	Mini Moble Clinic 2 	
Location	Um Al Quwain Hospital	Um Al Quwain Kite Beach	Al Hamriya Ladies Club	
Time	09:00 AM - 03:00 PM	12:00 PM - 06:00 PM	04:00 PM - 10:00 PM	
Fixed Medical Clinic	Emirates	Clinic Venue	Date	Time
	Sharjah	Al Majaz Water Front - Mega Mall - Al Shaab Village - Lulu Buteena	20 January to 10 February	04:00 PM to 10:00 PM
	Dubai	Al Barsha Lulu		02:00 PM to 09:00 PM
	Dubai	City Centre Midriff		04:00 PM to 10:00 PM
	Ajman	China Mall (Male and Female)		
	Um Al Quwain	Um Al Quwain Mall - Lulu		
	Ras Al Khaimah	RAK Mall - Lulu		
	Fujairah	Fujairah Lulu		



EVENTS

Type of Activity	Location	Time
Photo Opportunity	UAQ Wall & Fort	09:00 AM
Photo Opportunity	UAQ Hospital	10:20 AM
Photo Opportunity	Al Hamriya Ladies Club	04:10 PM
Photo Opportunity	Al Hamriya Beach	04:30 PM
Heading to Check-in at Fujairah Hotel	Double Tree by Hilton	05:00 PM

Weather



23°C Lo 13°C

Prayer Timings

Dhuhr	Asr	Maghrib
12:32	15:43	18:07

DAY
5

08-02-2023
WEDNESDAY

FUJAIRAH

Kalba Waterfront - Fujairah Umbrella Beach - Khorfakkan Amphitheatre





RIDE

	Start Point 1	End Point 1	Start Point 2	End Point 2	Star Start Point 3	End Point 3
Route	Kalba Waterfront	East Coast Fishing Charter Kalba Corniche	Kalba Corniche	Fujairah Umbrella Beach	Old Souq Khorfakkan	Khorfakkan Amphitheatre
Action	UNBOX	BOX	UNBOX	BOX	UNBOX	BOX
Google Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map
Last section		5KM		6KM		8KM
Time	Start 08:00 AM Riders Arrival 07:00 AM	ETA 9:20 AM Depart 09:50 AM	ETA 10:00 AM Depart 10:30 AM	ETA 12:15 PM Depart 02:15 AM	ETA 02:45 PM Start 03:15 PM	ETA 05:00 PM
	Total: 1hr 40min		Total: 2hrs		Total: 2hrs 40min	



MEDICAL CLINICS


Daily Clinic	Mobile Clinic 1 	Mini Moble Clinic 1 	Mini Moble Clinic 2 	
Location	Fujairah Corniche	Fujairah - Kalba Water Front	Oceanic Khorfakkan	
Time	12:00 PM - 06:00 PM	09:00 AM - 03:00 PM	04:00 PM - 10:00 PM	
Fixed Medical Clinic	Emirates	Clinic Venue	Date	Time
	Sharjah	Al Majaz Water Front - Mega Mall - Al Shaab Village - Lulu Buteena	20 January to 10 February	04:00 PM to 10:00 PM
	Dubai	Al Barsha Lulu		02:00 PM to 09:00 PM
	Dubai	City Centre Midriff		04:00 PM to 10:00 PM
	Ajman	China Mall (Male and Female)		
	Um Al Quwain	Um Al Quwain Mall - Lulu		
	Ras Al Khaimah	RAK Mall - Lulu		
Fujairah	Fujairah Lulu			



EVENTS

Type of Activity	Location	Time
Photo Opportunity	Kalba Waterfront	08:00 AM
Photo Opportunity	Fujairah Umbrella Beach	12:55 PM
Photo Opportunity	Oceanic Hotel	05:30 PM
Photo Opportunity	Khorfakkan Amphitheatre	06:00 PM
Heading to Check-in at Ras Al Khaimah Hotel	Cove Rotana Hotel	06:30 PM

Weather



23°C

Lo 14°C

Prayer Timings

Dhuhr	Asr	Maghrib
12:32	15:44	18:08

DAY
6

09-02-2023
THURSDAY

RAS AL KHAIMAH

Saqr Hospital - Cove Rotana - Mina AlArab Lagoon






RIDE

	Start Point 1	End Point 1 Start Point 2	End Point 2
Route	Saqr Hospital	Cove Rotana Resort	Mina AlArab Lagoon
Action	UNBOX		BOX
Google Map	Click Here to View Map	Click Here to View Map	Click Here to View Map
Last section		11KM	9KM
Time	Start 09:30AM Riders Arrival 08:30 AM	ETA 12:30 PM Start 02:30 PM	ETA 05:00 PM
	Total: 3hrs 40min		Total: 3hrs



MEDICAL CLINICS

Daily Clinic	Mobile Clinic 1 	Mini Moble Clinic 1 	Mini Moble Clinic 2 	
Location	Mina Al Arab	RAK-Saqr Hospital	Al Cove Rotana (TBC)	
Time	01:00 PM - 07:00 PM	09:00 AM - 03:00 PM	04:00 PM - 10:00 PM	
Fixed Medical Clinic	Emirates	Clinic Venue	Date	Time
	Sharjah	Al Majaz Water Front - Mega Mall - Al Shaab Village - Lulu Buteena	20 January to 10 February	04:00 PM to 10:00 PM
	Dubai	Al Barsha Lulu		02:00 PM to 09:00 PM
	Dubai	City Centre Midriff		04:00 PM to 10:00 PM
	Ajman	China Mall (Male and Female)		
	Um Al Quwain	Um Al Quwain Mall - Lulu		
	Ras Al Khaimah	RAK Mall - Lulu		
Fujairah	Fujairah Lulu			



EVENTS

Type of Activity	Location	Time
Photo Opportunity	Saqr Hospital	09:30 AM
Photo Opportunity	Cove Rotana Resort	12:30 PM
Heading to Check-in at Abudhabi Hotel	Pearl Rotana	06:00 PM

Weather



23°C Lo 15°C

Prayer Timings

Dhuhr	Asr	Maghrib
12:33	15:44	18:08




ABU DHABI

Sheikh Zayed Mosque - Health Point - Al Hudayriat Island



RIDE		Start Point 1	Stop 1	End Point 1	Closing Ceremony
	Route	Oasis of Dignity	Sheikh Zayed Mosque	Health point	Al Hudayriat Island
	Action	UNBOX		BOX	
	Google Map	Click Here to View Map	Click Here to View Map	Click Here to View Map	Click Here to View Map
	Last section		3KM	4KM	
	Time	Start 09:00 AM Riders Arrival 08:00 AM	ETA 10:30 AM	ETA 12:00 AM	06:00 PM (TBC)
		Total: 3hrs 40min		Total: 3hrs	




MEDICAL CLINICS	Daily Clinic	Mobile Clinic 1 	Mini Moble Clinic 1 	Mini Moble Clinic 2 
	Location	Al Hudayriat Island	Sheikh Zayed Mosque	Yas Mall
	Time	05:00 PM	10:00 AM - 04:00 PM	11:00 AM - 05:00 PM
Fixed Medical Clinic	Emirates	Clinic Venue	Date	Time
	Sharjah	Al Majaz Water Front - Mega Mall - Al Shaab Village - Lulu Buteena	20 January to 10 February	04:00 PM to 10:00 PM
	Dubai	Al Barsha Lulu		02:00 PM to 09:00 PM
	Dubai	City Centre Midriff		04:00 PM to 10:00 PM
	Ajman	China Mall (Male and Female)		
	Um Al Quwain	Um Al Quwain Mall - Lulu		
	Ras Al Khaimah	RAK Mall - Lulu		
	Fujairah	Fujairah Lulu		



EVENTS	Type of Activity	Location	Time
	Photo Opportunity	Sheikh Zayed Mosque	10:30 AM
	Photo Opportunity	Health point	11:30 PM
	Closing Ceremony	Al Hudayriat Island	06:00 PM (TBC)

Weather

 **23°C** Lo 13°C

Prayer Timings

Dhuhr	Asr	Maghrib
12:33	15:45	18:08